



PROFESSIONAL EXPERTISE • COMPREHENSIVE EVALUATION • INTEGRATIVE TREATMENT

SLEEP DISORDER REFERRAL FORM

PLEASE FAX THIS FORM TO: 416-488-3998

TORONTO LOCATION
586 Eglinton Avenue East, Suite 507
Toronto, Ontario, Canada M4P 1P2
Phone 416-488-6980

THORNHILL LOCATION
390 Steeles Avenue West, Suite 208
Thornhill, Ontario, Canada L4J 6X2
Phone 905-709-9696

PERSONAL INFORMATION

Name _____
OHIP Number _____
Birth Date _____ Age _____

Height _____ Weight _____ Gender: M F
Home Phone _____
Work Phone _____

REFERRING PHYSICIAN

Physician _____
Billing # _____
Street Address _____
City _____ Zip/Postal Code _____

Phone _____
Fax _____
Email _____

REFERRAL FOR

SLEEP STUDY ONLY (Please complete sections 1-5 below) OR CONSULTATION AND SLEEP STUDY, IF INDICATED (Please complete sections 1-3 below)

HISTORY AND PHYSICAL INFORMATION

1 HISTORY OF SLEEP PROBLEM

- | | | |
|---|--|--|
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Shift Work |
| <input type="checkbox"/> Witnessed Apneas | <input type="checkbox"/> Frequent Awakenings | <input type="checkbox"/> Cataplexy |
| <input type="checkbox"/> Excessive Daytime Sleepiness | <input type="checkbox"/> Restless Legs Syndrome | <input type="checkbox"/> Sleepwalking/Nightmares |
| <input type="checkbox"/> Nocturia | <input type="checkbox"/> Periodic Limb Movement Disorder | <input type="checkbox"/> Other _____ |

2 MEDICAL CONDITIONS

- | | | | | | | |
|-----------------------------------|--|--------------------------------------|---------------------------------------|--|---|---------------------------------------|
| <input type="checkbox"/> MI/CAD | <input type="checkbox"/> Seizures/Epilepsy | <input type="checkbox"/> GERD | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Mood Disorder | <input type="checkbox"/> Anxiety Disorder | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke | <input type="checkbox"/> Asthma/COPD | <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> CHF | <input type="checkbox"/> Cardiac Arrhythmia | |

3 MEDICATIONS

4 RELEVANT FAMILY / SOCIAL / PERSONAL HISTORY (if request for sleep study only)

5 PHYSICAL EXAM – POSITIVE FINDINGS (if request for sleep study only)

+ SPECIAL NEEDS (i.e., assistance moving, difficulty communicating)

Physician's signature: _____ Date: _____

PLEASE CHECK IF YOU WOULD LIKE US TO SEND YOU MORE REFERRAL FORMS.